

TAKING YOUR CAT TO THE VETERINARIAN

5 WAYS TO REDUCE STRESS

CARRIER ACCLIMATION



Keep your cat's carrier out in an area where your cat spends a lot of time. Cover it with a towel and place familiar bedding and toys inside.

ANTI-ANXIETY MEDICATION



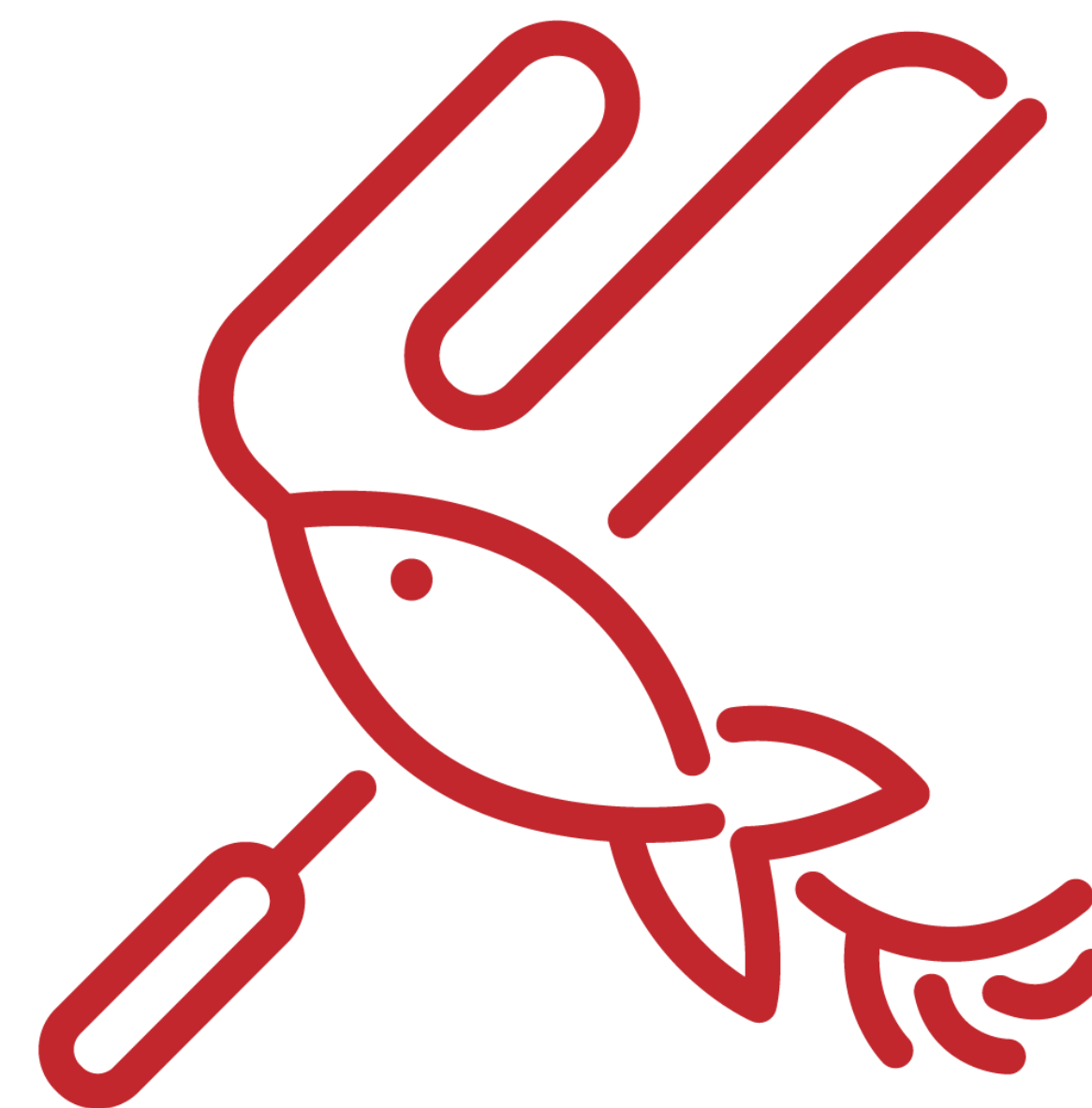
If your cat is stressed by their checkup, ask your veterinarian about anti-anxiety medication.

WITHHOLD FOOD



Withhold food from your cat for several hours before traveling to avoid motion sickness.

FAVORITE TOYS



Bring a favorite toy or familiar smelling clothing or bedding to help your cat feel more comfortable.

TREATS & REWARDS



Bring your cat's favorite treats, which can be given to her as a reward or distraction.

YOU'RE AN IMPORTANT PART OF YOUR CAT'S CHECKUP



catfriendly.com/cat2vetday