



## Examples of questions to explore with a caregiver when assessing QOL

Parameter	Questions to explore
Hurt	How can the pain be controlled? What can we do to improve comfort?
Hunger	How can we improve appetite?
Hydration	How can we improve hydration?
Hygiene	How can we improve hygiene?
Happiness	What enjoyable activities are pursued? Which people are deeply connected?
Mobility	How can we improve comfort?
More Good Days than Bad Days	Good Day = normal activities and daily life. Bad Day = nausea, difficulty breathing, pain, discomfort, etc.

*Adapted from "Shearer TS, ed. Palliative Medicine and Hospice Care, Veterinary Clinics of North America Small Animal Practice. 2011; 41(3):477-702"*